

# 2012 Norfolk Road Race Fixture List(v5)

RCGP = Runners Centre Grand Prix event, CC = Norfolk County Championship event

January	1	New Year's Day 10k	<a href="http://www.wymondhamac.org.uk">www.wymondhamac.org.uk</a>
	29	Reedham 10m - RCGP 1	<a href="http://www.gydac.org.uk">www.gydac.org.uk</a>
February	12	Valentine 10k - RCGP 2	<a href="http://www.norfolkgazelles.co.uk">www.norfolkgazelles.co.uk</a>
March	4	Wymondham 20m	<a href="http://www.wymondhamac.org.uk">www.wymondhamac.org.uk</a>
	18	Fritton Lake XC Half Marathon	<a href="http://www.activeoutdoorsport.co.uk">www.activeoutdoorsport.co.uk</a>
	25	Southern Men's 12 Stage & Women's 6 Stage Relays	<a href="http://mcs.open.ac.uk/mkac">http://mcs.open.ac.uk/mkac</a>
	25	Mad March Hare 10K	<a href="http://www.coltishalljaguars.co.uk">www.coltishalljaguars.co.uk</a>
April	8	Trowse 10k	<a href="http://www.conac.org.uk">www.conac.org.uk</a>
	14	National Men's 12 Stage & Women's 6 Stage Relays	<a href="http://www.race-results.co.uk/">http://www.race-results.co.uk/</a>
	15	Chase the Train	<a href="http://www.nnbr.co.uk/index2.html">http://www.nnbr.co.uk/index2.html</a>
	22	London Marathon	<a href="http://www.virginlondonmarathon.com/">http://www.virginlondonmarathon.com/</a>
	25	Great Yarmouth 5m Series, race 1	<a href="http://www.gyrr.co.uk">www.gyrr.co.uk</a>
	29	Somerleyton 5k	<a href="http://www.activeoutdoorsport.co.uk/">http://www.activeoutdoorsport.co.uk/</a>
May	6	Grand East Anglia Run 10k	<a href="http://www.grandeastangliarun.co.uk">http://www.grandeastangliarun.co.uk</a>
	7	Breckland 10k	<a href="http://www.thetford-ac.co.uk">http://www.thetford-ac.co.uk</a>
	9	Great Yarmouth 5m Series, race 2 - RCGP 3	<a href="http://www.gyrr.co.uk">www.gyrr.co.uk</a>
	13	Dereham 10m - RCGP 4	<a href="http://www.derehamrunners.co.uk">http://www.derehamrunners.co.uk</a>
	13	Waveney Triathlon	<a href="http://www.tri-anglia.co.uk">http://www.tri-anglia.co.uk</a>
	16	Wroxham 5k Series, race 1	<a href="http://www.nrr.org.uk">www.nrr.org.uk</a>
	19	Race for Life Norwich	<a href="http://www.raceforlife.org">http://www.raceforlife.org</a>
	19	National Masters Road Relays	<a href="http://www.bvaf.org.uk">http://www.bvaf.org.uk</a>
	20	Race for Life Norwich	<a href="http://www.raceforlife.org">www.raceforlife.org</a>
	20	St. Felix Junior Triathlon TBC	<a href="http://www.tri-anglia.co.uk">http://www.tri-anglia.co.uk</a>
	23	Great Yarmouth 5m Series, race 3	<a href="http://www.gyrr.co.uk">www.gyrr.co.uk</a>
27	Alex Moore Relay	<a href="http://www.norfolkgazelles.co.uk">www.norfolkgazelles.co.uk</a>	
June	3	Edingthorpe 5Mile	borisbones@hotmail.co.uk
	10	Midsummer 10m - CC	<a href="http://www.wymondhamac.org.uk">www.wymondhamac.org.uk</a>
	17	Diss 10K	
	20	Wroxham 5k Series, race 2	<a href="http://www.nrr.org.uk">www.nrr.org.uk</a>
July	1	Humpty Dumpty 10k - RCGP 5	<a href="http://www.gydac.org.uk">www.gydac.org.uk</a>
	1	Norwich Triathlon	<a href="http://www.tri-anglia.co.uk">http://www.tri-anglia.co.uk</a>
	5	Hancock Half Hour 5 Miler	<a href="http://www.rystonrunners.org.uk">http://www.rystonrunners.org.uk</a>
	7	Lord Mayor's 5k City Centre Classic	<a href="http://www.conac.org.uk">http://www.conac.org.uk</a>
	8	Mike Groves 10K Run	<a href="http://www.coltishalljaguars.co.uk">www.coltishalljaguars.co.uk</a>
	18	Wroxham 5k Series Race 3- RCGP 6	<a href="http://www.nrr.org.uk">www.nrr.org.uk</a>
	24	Race for Life King's Lynn	<a href="http://www.raceforlife.org">www.raceforlife.org</a>
	22	Dereham Town 5K CC	<a href="http://www.derehamrunners.co.uk">http://www.derehamrunners.co.uk</a>
27	Worstead Festival 5m RCGP 7	<a href="http://www.nnbr.co.uk">www.nnbr.co.uk</a>	
August	12	Great Yarmouth Half Marathon	<a href="http://www.gyrr.co.uk">www.gyrr.co.uk</a>
	19	Reepham Summer Sunday Run 10k - RCGP 8	<a href="http://www.reephamrunners.co.uk">http://www.reephamrunners.co.uk</a>
September	2	Wissey Half Marathon - RCGP 9 & CC	<a href="http://www.rystonrunners.org.uk">http://www.rystonrunners.org.uk</a>
	9	Waveney Triathlon2	<a href="http://www.tri-anglia.co.uk">http://www.tri-anglia.co.uk</a>
	15 & 16	Round Norfolk Relay	<a href="http://www.roundnorfolkrelay.com">www.roundnorfolkrelay.com</a>
	16	Great North Run	<a href="http://www.greatrun.org">http://www.greatrun.org</a>
	30	Jolly Jaguars 10k - RCGP 10	<a href="http://www.coltishalljaguars.co.uk">www.coltishalljaguars.co.uk</a>
October	7	Marriott's Way 10k	<a href="http://www.broadland.gov.uk">www.broadland.gov.uk</a>
	21	East Coast Run 10k - CC	<a href="http://www.gyrr.co.uk">www.gyrr.co.uk</a>
	28	North Norfolk 10KM	<a href="http://www.nnbr.co.uk">www.nnbr.co.uk</a>
November	25	City of Norwich Half Marathon	<a href="http://www.cityofnorwichhalfmarathon.com">www.cityofnorwichhalfmarathon.com</a>
December	09	Buxton 5k Xmas Fun Run	<a href="http://www.norfolkgazelles.co.uk">www.norfolkgazelles.co.uk</a>