



# DEREHAM 10 MILE ROAD RACE

Organised by Dereham Runners AC under UK:athletics rules

**SEAA**

A RUNNER'S CENTRE 2012 Grand Prix Event

Permit 2012-103510

## SUNDAY 13<sup>th</sup> MAY 2012 at 11.00 am

**NEATHERD HIGH SCHOOL, NORWICH ROAD, DEREHAM, NORFOLK, NR20 3AX**

**ENTRY FEES: Attached - £8.00. Unattached - £10.00. Entries on the day add £2.00**  
**Race entry limit 350 Race Medals to all finishers Minimum age on Race Day: 17 Years**

**Facilities:** Ample parking, changing, showers, toilets and refreshments.

**Race Prizes:** Trophies to First Male/Female finishers. Trophies to first 3 in age categories: Male U40/40-44/45-49/50-54/55-59/60-64/65+: Female U35/35-39/40-44/45-49/50-54/55-59/60+. Team prizes to 1<sup>st</sup> Senior Male/Veteran Male/Senior Female/Veteran Female teams. Teams of 3 to score in all categories. Spot prizes.

Entries – with **A5 size SAE** to : **Dereham 10 Mile, 54 Stone Road, Dereham, Norfolk, NR19 1LH**

Last date for postal entries – **postmarked Saturday 5<sup>th</sup> May 2012** – All entries received postmarked after this date will be classified as “Entries On The Day” **and will be subject to the extra £2.00 entry fee !!!**

**DON'T FORGET THE STAMPED ADDRESSED ENVELOPE – AND ENSURE CORRECT POSTAGE IS PAID !!!**

YOU CAN ALSO ENTER ON LINE AT: [www.runnersworld.co.uk](http://www.runnersworld.co.uk) (N.B. A fee of £1.50 is payable for this service)

✂-----

### **OFFICIAL ENTRY FORM (PLEASE USE BLOCK LETTERS)**

**DEREHAM 10 MILE ROAD RACE**  
**SUNDAY 13<sup>th</sup> MAY 2012 Start time: 11.00 am**

SURNAME ..... FIRST NAME .....

Male...../ Female ..... Age ..... Date of Birth ...../...../19.....

Address .....

.....POSTCODE .....

Home Telephone ..... Other Contact Number .....

First Claim UKA/ARC Affiliated Club ..... Fee Paid £.....:.....

UKA Registration number: ..... Email address: .....

**Send to: Dereham 10 Mile, 54 Stone Road, Dereham, Norfolk, NR19 1LH** Cheques payable to “**Dereham Runners AC**”

**Declaration:** Please enter me for this event as indicated above. I am enclosing the appropriate fee and SAE. I am an amateur as defined by UK:athletics, and agree to abide by their rules, I accept that the organisers will not become liable for any loss, damage or injury (howsoever caused) as a result of my participation in this event.

**Data Protection Act:** I understand that the details I have provided on this entry form will be entered on a computer for use by this event but will not be passed on to a third party.

Your Signature ..... Date ...../...../ 20....

**Official Use only :** Race Number ..... Category ..... Date ...../...../ 20....